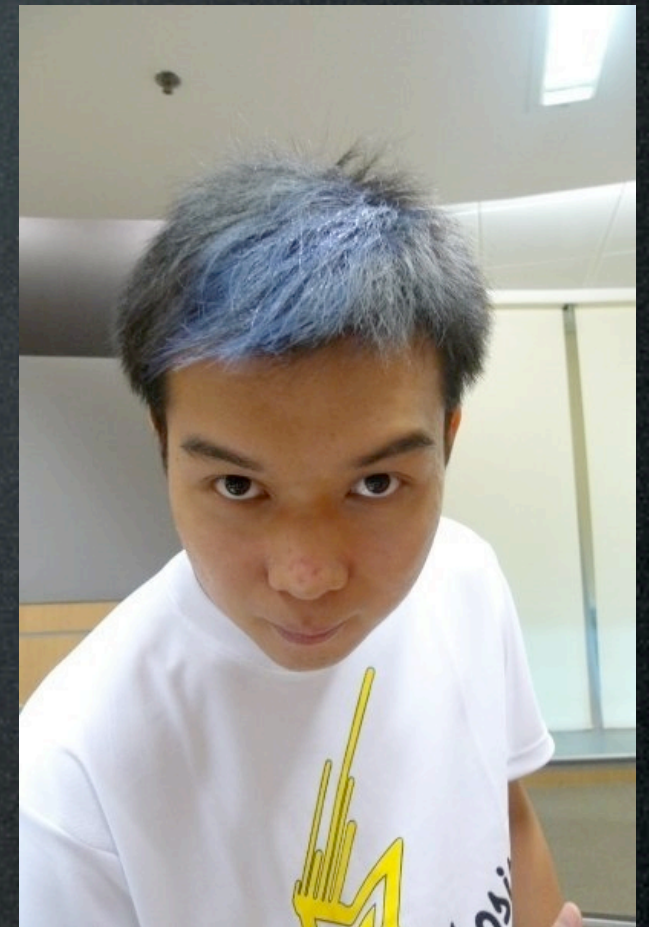
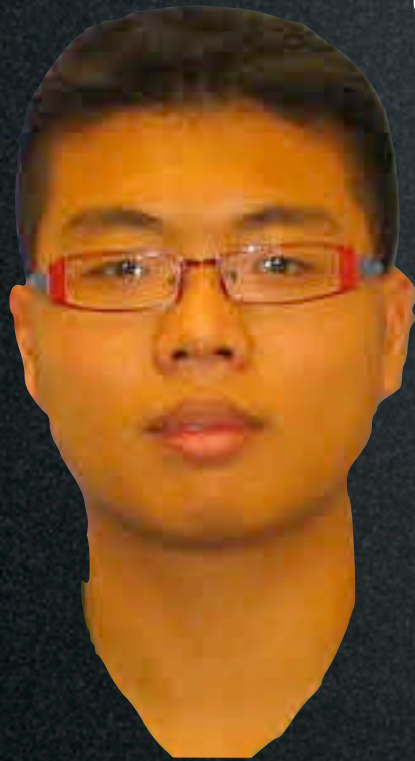


# THE INDIVIDUALS







# TEAM CHANGE





# Silver Ribbon (Singapore)

Towards Positive Mental Health...

## VISION

Positive attitude towards mental health among the community

## MISSION

To combat mental health stigma, encourage early treatment and facilitate integration of people with mental illness within the society through innovative means of promoting mental health literacy.



DISCRIMINATION

MISCONCEPTION



DISCRIMINATION

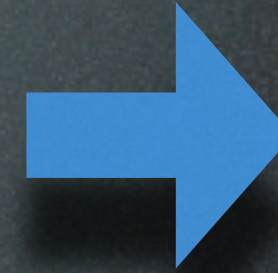
MISCONCEPTION





# Obstacles

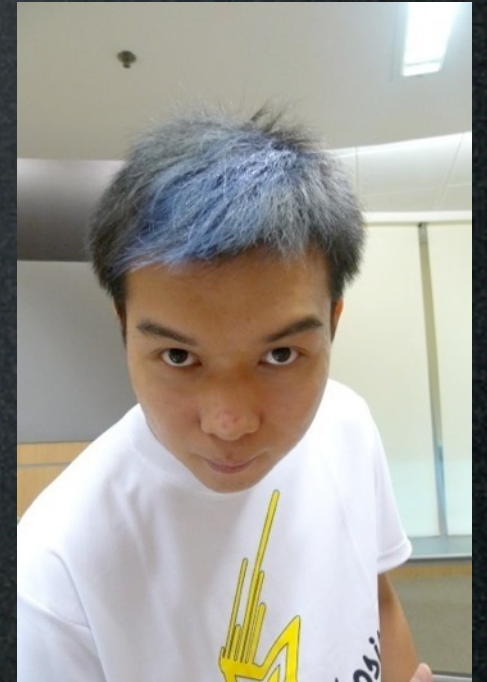
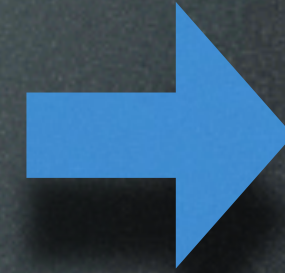
- 1 project mate dropped out
- 1 project mate dropped in
- Skating idea was scrapped
- Bangladeshi idea was scrapped





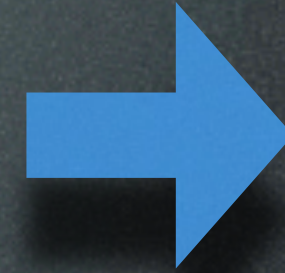
# Obstacles

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# Obstacles





# How our idea was born

Cultural Aspect



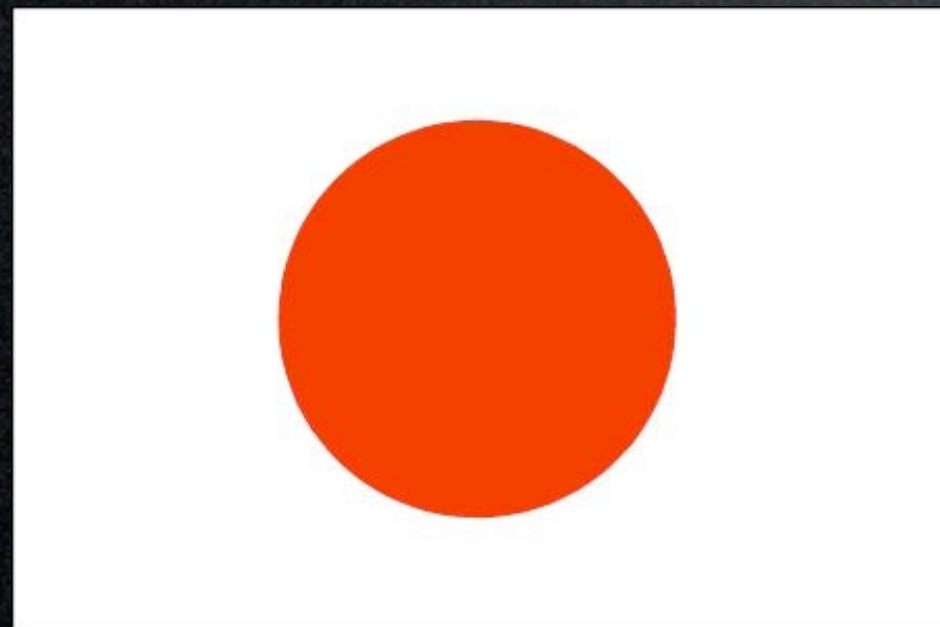
Environmental  
Aspect



# How our idea was born



Cultural Aspect



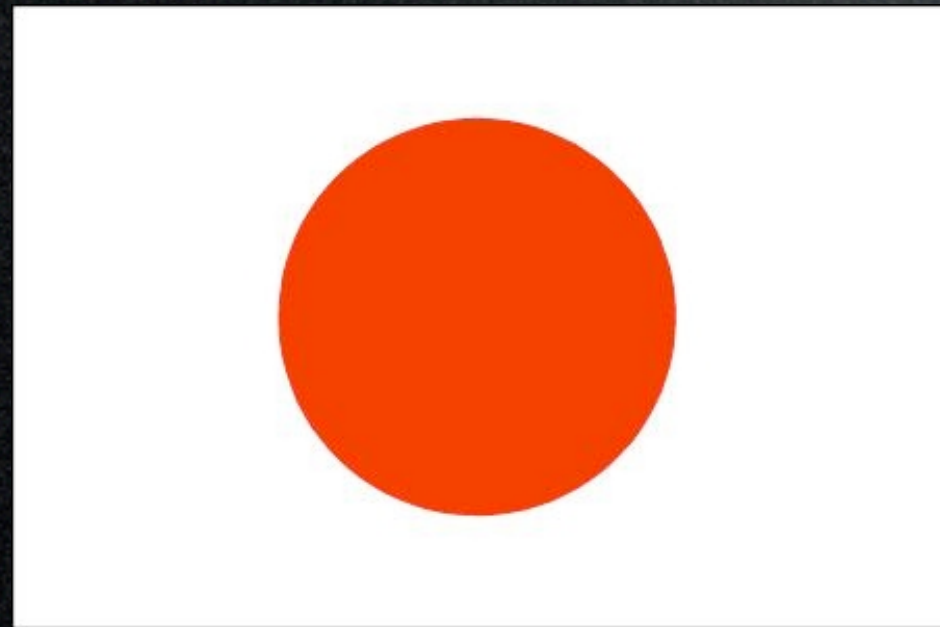
Environmental  
Aspect



# How our idea was born



Cultural Aspect



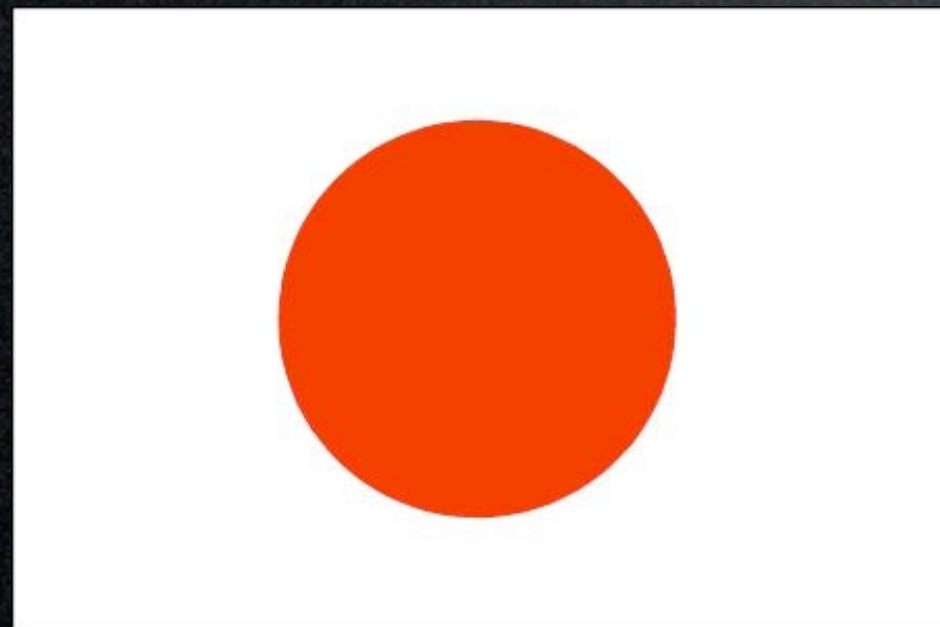
Environmental Aspect



# How our idea was born



Cultural Aspect



Environmental Aspect





# Project Bunka Koryu



INSTITUTE  
*of* MENTAL  
HEALTH

*Loving Hearts, Beautiful Minds*

**PRESENTERS:**

Siaw Kiat Hau  
Lorraine Peh



# Objectives

- Equip local youth with better adaptability skills
- Promote social cohesion between local and international students
- Refining the negative perspectives held towards IMH patients
- Introduce environmentalism to IMH patients & Students
- Avenue for future collaborations





# Cultural Aspect

- Different perspectives
- Japanese Views vs Local Views
- Globalization





# Environmental Aspect

- ❖ Global Warming
- ❖ Save the Earth
- ❖ Climate Change





# Project Overview

LOCAL → JAPANESE SCHOOL → IMH

\* 2 Days event

\* 20 Local Students & 20 Japanese Students

\* Local School + Japanese International School + IMH

\* Revive the “ABANDONED” nursery in IMH





# Itinerary (Day 1)

Orientation	12.45pm - 1.00pm
Transportation (Bus)	1.00pm - 1.30pm
Ice Breakers	1.45pm - 2.30pm
Japanese School Tour	2.30pm - 3.00pm
<b><u>Amazing Race</u></b> <b><u>(Environmental Games)</u></b>	3.00pm - 5.45pm





# Itinerary (Day 2)

Eco Friendly Project

9.00am - 11.30am

## **CULTURAL LUNCH**

11.45am - 12.45pm

Nurse Briefing

1.00pm - 1.15pm

Trip to IMH

1.15pm - 2.00pm

IMH Activities

2.00pm - 5.00pm

Photo Montage

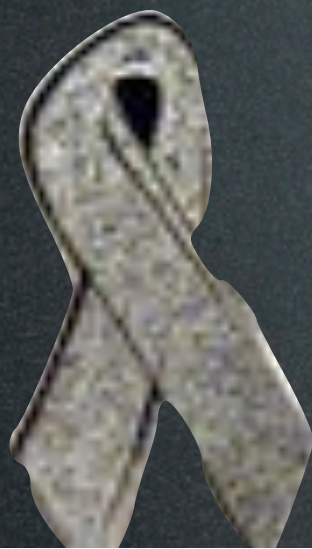
5.00pm - 5.45pm

## **Dinner at IMH + Performance**

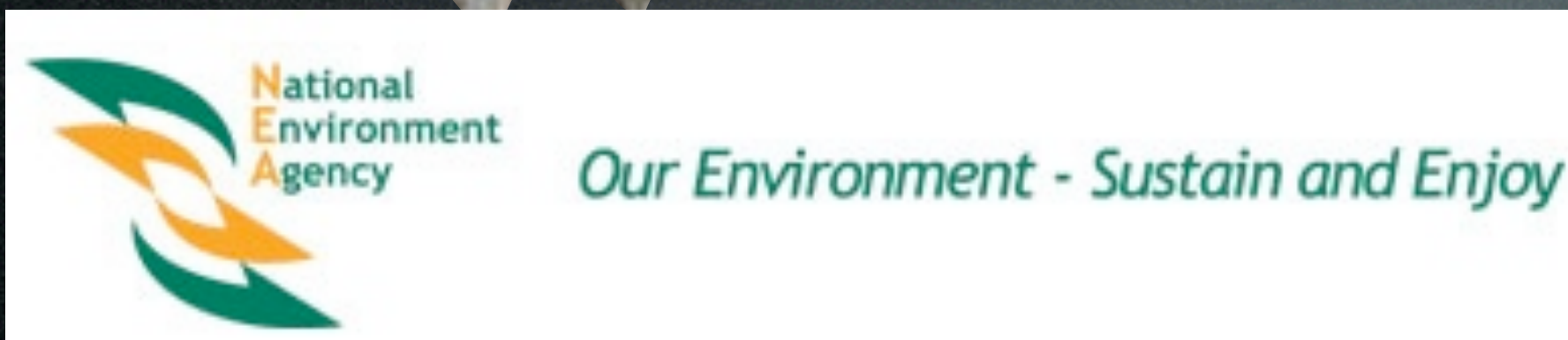
5.45pm - 7.30pm







# Our Sponsors





Any Feedback?